HAMPTON'S CONSCIOUSNESS

MEET OUR HOSTS: ENID & JOHN



ENID VIANA O'BRIEN

Enid Viana O'Brien is a NYC & Long Island raised digital media entrepreneur and the creator Hamptons Moms. Enid manages a solid audience and presence across all social media platforms. She works as a freelance writer, model and social media consultant in addition to being a full time mom of 3 kids 9 and under. With a 12+ year career in finance under her belt, these days you are more likely to see Enid catching her next plane or the next boat, not her next downtown subway.

JOHN BARRETT

John Barrett is a local karaoke host who has been out in the Hamptons since 1983 and full time since 2001. Five years ago, John produced a documentary about the history of Montauk NY entitled "Reel Montauk" avails me for free on YouTube. He currently lives on Shelter Island.



ABOUT HAMPTONS CONSCIOUSNESS

WE WANT TO PROVIDE OUR LISTENERS WITH VALUABLE INFORMATION AND TIPS TO LIVE A MORE HARMONIOUS LIFESTYLE."

-ENID O'BRIEN

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